



# NEUROTHERAPY JOURNAL

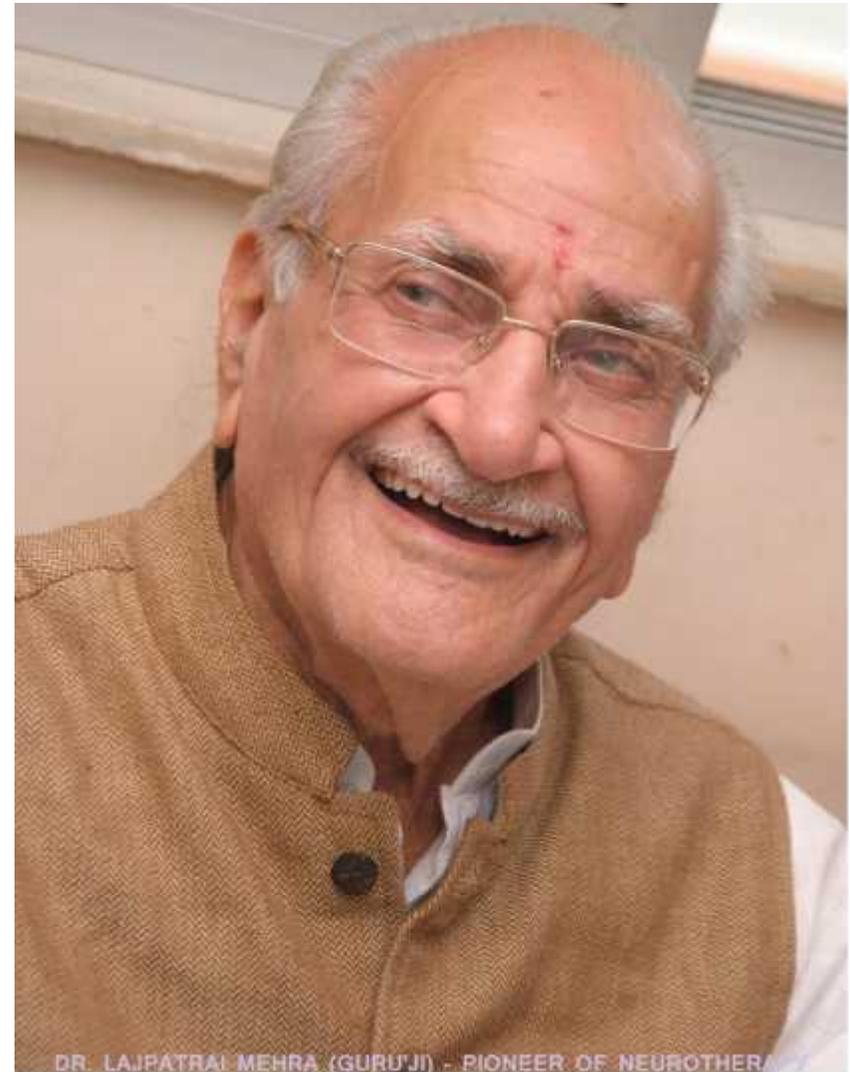


Edition 2

**Lajpatrai Mehra Neurotherapy  
Research & Training Institute  
(LMNTRTI)**

For the period from May 2019 to August 2019

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We convey our Season's Greetings to you and your family. Through this Journal we are trying to provide you with the happenings in

Lajpatrai Mehra Neurotherapy Research & Training Institute (LMNTRTI) from May 2019 to August 2019, and also some knowledge and success stories.

LMNTRTI works with different associations for the better health of society. It organizes meetings, seminars, workshops, camps throughout the year to spread awareness about Neurotherapy in society.

## HAPPENINGS

### 2018- 2019 Diploma Exam

Lajpatrai Mehra Neurotherapy Research & Training Institute (LMNTRTI) study center education is started from last 3 years in almost all the states of India.

61 students took admission for Neurotherapy Diploma Batch DE-3, for Session 2018-19. The number of students from different states of India who appeared for Exams in May 2019 are as follows :-

Delhi NCR (Noida)	19
Uttar Pradesh	10
Punjab	13
West Bengal	6
Tamil Nadu	4
Jammu	2
Rajasthan	4
Maharashtra	3

Students who got top 3 positions in exams are :-

**1<sup>st</sup>** position - Mohinder Singh Yadav got **250 / 300** from Delhi

**2<sup>nd</sup>** position – Mrs. Sonu got **247 / 300** from UP

**3<sup>rd</sup>** position – Ankit Kumar Nigam got **213 / 300** from UP.

### 16<sup>th</sup> July - Guru Purnima Celebration

Guru is one who spreads the light of enlightenment, ready to share their wisdom all around and in everyones life without any purpose of personal gain. Dr.Lajpatrai Mehra , Guruji who was one of those great soul who changed and improved life of many people.

On 16<sup>th</sup> July Neurotherapists all over India payed obeisance to Guruji for bringing the light of knowledge enlightenment in their lives. Poojas and Hawan's were performed at many Neurotherapy centers in different states.

For the purpose of spreading awareness, sharing the knowledge and happenings in Lajpatrai Mehra Neurotherapy Research & Training Institute (LMNTRTI), Neurotherapy Journal was designed and edited by myself Gouri Bhanushali with the help of few Neurotherapists. **NEUROTHERAPY JOURNAL** Edition **1** was published on the auspicious day of Guru Purnima in Mumbai by the hands of Dr.Manohar Dikshit ji, Retired Scientist from Bhabha Atomic Research Center (BARC). The same was also published at Chandigarh, Jalandhar and Jammu.

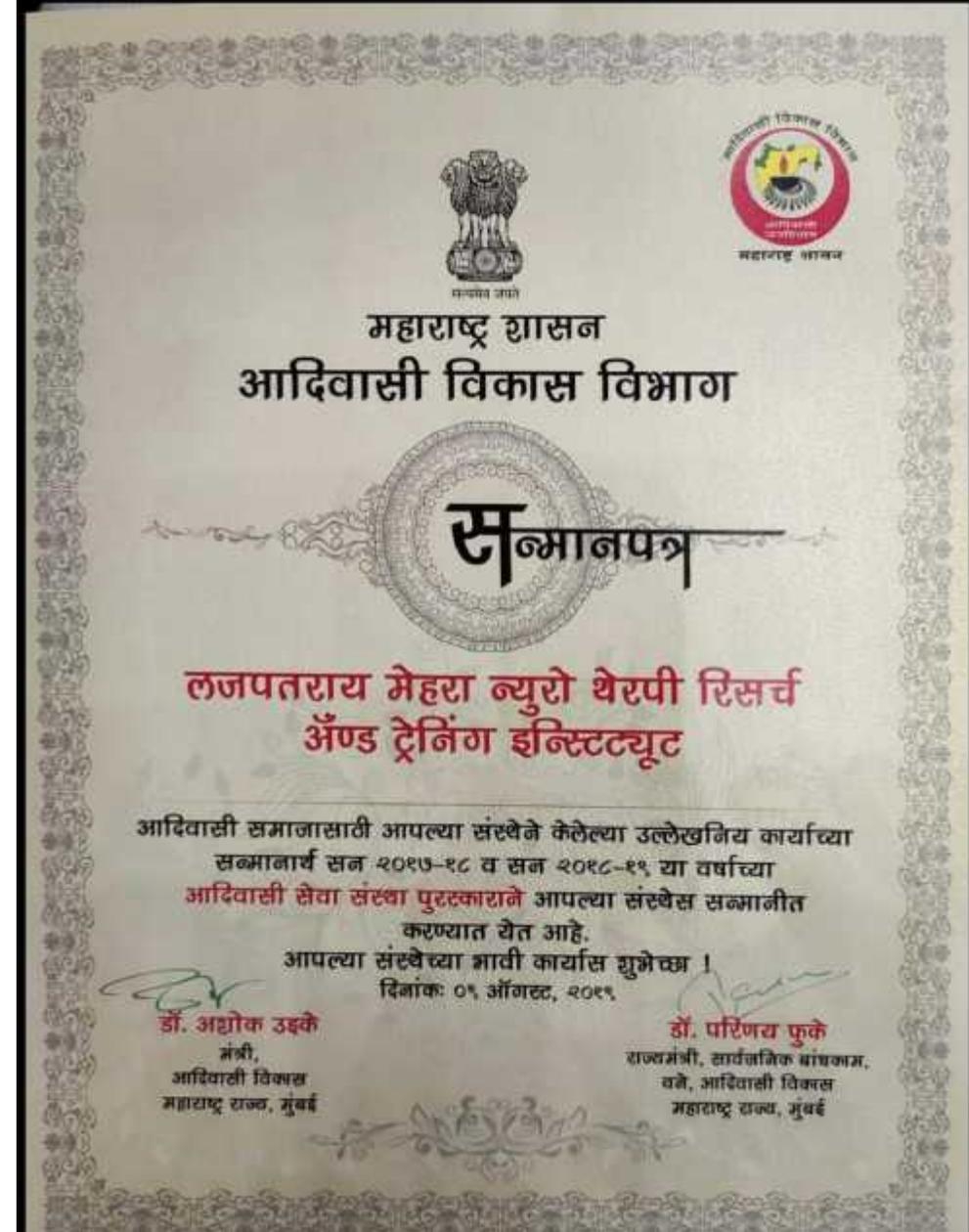


## 9<sup>th</sup> August – Adivasi Seva Puraskar

Lajpatrai Mehra Neurotherapy Research & Training Institute (LMNTRTI) was awarded and felicitated by Maharashtra State Government by giving Adivasi Seva Puraskar at Suresh Bhatt Subhagrah, Nagpur. This puraskar was given in owner for teaching Neurotherapy to boys and girls from Tribal areas. Maharashtra Tribal Development Department also felicitated 9 other organisations and 50 other successful students and enterpreneurs during the event.

Shri Atal Bihari Vajpayeeji initiated by setting up a separate ministry of tribals and appointing minister for tribal development. Adequate healthcare and education became an integral part of any sustainable development scheme that intend to ensure that adivasis can take advantages of oppurtunities that further integrate them into the market economy.

Shri.Nitin Gadkariji, (Minister of Road Transport 7 Highways, Micro, Small & Medium Enterprises) addressed the gathering. LMNTRTI received the award by the hands of Maharashtra State Adivasi Mantri Dr.Ashokji Uike, Rajya Mantri Dr.Parinay Phuke and Maharashtra State Chief Secretary Mrs.Manisha Verma. Shri.Ajay Gandhiji, Shri.Ram Gopal Pariharji, Shri.Nageshrao Kumbleji, Miss Gouri Bhanushali, Amrut Lute and Amol were present at Nagpur to receive this award.





## LMNTRTI CAMPS

**1<sup>st</sup> to 4<sup>th</sup> May Pathankot** – Neurotherapy Welfare Center, Shri.Jarnail Singh organized four days free Neurotherapy camp sponsored and arranged by Swatantrata senani Jatthedar Kesar Singh yaadgari Sabha. Also proper awareness and guidance were given for autistic children, special children, slow learning children, stammering children and others.

**26<sup>th</sup> May Haryana** – LMNTRTI Haryana organized a free camp inside Pranaami mandir, Haryana.

**23<sup>rd</sup> June Delhi** – Delhi Swasth Mahotsav 2019 was conducted under the guidance of Shri.Ajay Gandhiji and Shri.Ram Gopal Pariharji at Vikas Puri, Delhi. Shri.H.D.Guptaji and Shri.Ranjitji, founder of Vaidic upchar sanstha were sponsorer and organizer for this camp. Neurotherapists from Delhi and nearby places were present in the camp. 700 patients were given free Neurotherapy treatments.





## Swasth Mitra Yojana Training

**27<sup>th</sup> – 30<sup>th</sup> June, Una :** Under the banner of LMNTRTI and Yog Bharati, residential swasth mitra training was conducted at Una, Himachal Pradesh by Shri.Ajay Gandhiji. 43 people from 4 districts participated in this training.

**7<sup>th</sup> July, Kullu :** Under the banner of LMNTRTI and Sewa Bharti, swasth mitra training was conducted at Kullu, Himachal Pradesh by Shri.Ajay Gandhiji. 16 students were trained.



## GURUJI'S 87<sup>TH</sup> BIRTHDAY CELEBRATION



On the occasion of Dr Lajpatrai Mehra, Guruji's 87th Birthday, it was decided to celebrate Neurotherapy week in the month of August in all over India. During this period pooja, hawan, camps, seminar, workshop, quiz-

contest, get-together and celebrations were performed and conducted in different parts of India. Not only 23<sup>rd</sup> August but the whole week was a celebration. Lets have a look on all the events.



- ❖ **1<sup>st</sup> August Sarna, Punjab** – Deepak Kumar, Sarvajan Kalyan samiti organized free Neurotherapy camp on behalf of Guruji's birthday. Shri.Mandeep Singhji, Shri.Jarnail Singhji and neurotherapists from near by places were present in the camp. 100 patients were given treatment.
- ❖ **17<sup>th</sup> – 21<sup>st</sup> August Kerala** - On behalf of Guruji's Birthday Celebration 5 days LMNT Quiz contest – 2019 was conducted from 17<sup>th</sup> – 21<sup>st</sup> August by Prithiv Research Academy for Ancient & Scientific studies, President Dr.Suresh Kannan ji. Winners of the contest were as follows :-
  1. Miss Arti Kumari
  2. Smt. Sarala
  3. Shri .Pinku Kumar

- ❖ **23<sup>rd</sup> August Chandigarh, Punjab** - Gurujis Birthday was celebrated followed by dinner at Mohali, Chandigarh organized by Shri.Ajay Gandhiji and Shri.Ram Gopal Pariharji. Around 30 Neurotherapists from Mohali and near by places were present. Shri.Nagesh Rao ji also joined for the celebration. Dr.Nawaljit Kapoor, Secretary in Ministry of Tribal affairs was a Guest for the evening.



- ❖ **18<sup>th</sup> August Jhansi, Madhya Pradesh** - Shri.Avdhesh Singh Thakurji jointly with Asra Ngo organized Neurotherapy camp at Jhansi. Shri.Pradeep Jain Jatiya, Cabinet Minister (Govt. of India) and MLA Rajeev Singhji inaugurated the event and explained benefits of Neurotherapy to the people. Other Neurotherapists from Madhya Pradesh were also present in the camp.



- ❖ **23<sup>rd</sup> August Thane, Mumbai** – Get-together was at Prashant Shendge's Thane clinic. Pooja was done by doing Guru Vandana, Deep prajawalan and showering flowers to Gurujis Photo. Prof.Nirmala Bathijaji addressed the gathering and shared her memories with Guruji. Shri.Shivaji Ghadge, Miss Gouri Bhanushali along with 15 other Neurotherapists were present.
- ❖ **23<sup>rd</sup> August Haryana** - Shri.Satya Prakashji did cake cutting and distributed cake and snacks to children in a village at Rewadi.
- ❖ **23<sup>rd</sup> August Delhi** – Shri.Barinder Chaurasia with his staff Neurotherapists celebrated by doing cake cutting at his clinic.
- ❖ **23<sup>rd</sup> August Jammu** – Neurotherapy Wellness and Training center , Shri Sumit Mahajan organized a camp at Talab Tillo, Jammu with his team members. Programme started with Vedic Mantras, Guru Mantras and Hawan Yagya and Kanya Poojan. Dental check-up, Eye check-up, Blood check-up and Neurotherapy Treatments were done in this camp.
- ❖ **25<sup>th</sup> August Bikaner, Rajasthan** - Neurotherapy Health care center and Shri Preeti club Maheshwari sadan organized free Neurotherapy camp at Bikaner. 125 patients were diagnosed by Shri.Ajay Gandhiji and were

given treatments. Shri Mohan Saharanji arranged this camp. Many Neurotherapists were present during this camp.



- ❖ **25<sup>th</sup> August Lucknow** – Satyawadi Harishchandra Swasth Parikshan Samiti organized Neurotherapy camp in the guidance of shri.Barinder Chaurasiaji. Shri.Avdhesh Singh Thakurji from Jhansi, Shri Ajay Kushwahaji, Shri. Ajay Kumar, Shri Abhishek Nigam and 12 other

Neurotherapists from Lucknow were present during the camp. Nearly 100 patients were given Neurotherapy treatments.



- ❖ **25<sup>th</sup> August Chennai** - Nagalaxmiji, Gaghan LMNT in association with Jain Association conducted Neurotherapy awareness camp at Chennai. There was interaction between therapists & patients about their progress and welfare. Some completely cured patients gave feedbacks.
- ❖ **25<sup>th</sup> August Gwalior, Madhya Pradesh** - In the guidance of Shri. Pushpak Shrivastavji & Rajni Pal camp was organized at Gwalior, where 285 Police were given Neurotherapy treatments. Camp was inaugurated by Rakshit Nirikshak, Shri.Devendra Yadav, Shri.Vikram Kanpuria and Ruma Tiwariji .

- ❖ **25<sup>th</sup> August, Aurangabad, Maharashtra** – Sunita Danekar, Revive health care center organized 3 days camp at Aurangabad. 25 patients were given free treatment.
- ❖ **26<sup>th</sup> August Delhi** – Free Neurotherapy awareness and treatment camp was organized at Ministry of Tribal Affairs, Shastri Bhawan, New Delhi. Shri.Ajay Gandhiji explained about the benefits of Neurotherapy to the gathering present. Sarvottam Shrivastava and other LMNTRTI Neurotherapists from Delhi treated 185 patients from various Ministry department.
- ❖ **27<sup>th</sup> August Chandigarh** – Free Neurotherapy camp was organized at Chandigarh Sector 43. 143 patients were given treatment by new students of LMNTRTI in the guidance of Shri.Ajay Gandhiji.
- ❖ **28<sup>th</sup> August Guwahati** – 3 days Neurotherapy camp was organized at Dhubdi Arogya Kendra jointly with Kalibadi committee, programmed to bring awareness of Alternative therapies. B.N.Satish Kumar from Bengaluru and his team treated approximate 500 patients in the camp.
- ❖ **1<sup>st</sup> September Durgapur** – Shri.Sukumar Singha Roy jointly with Akhil Bharatia Marwari Mahila Mandal organized a free Neurotherapy camp. Shri.Ajay Gandhiji was present in this camp. 210 patients were treated. Mr.Nirmal Kr Sarkar ( OC A Zone IC Durgapur ), Nishan Majumdar ( DGP Court Judge ), Subhadip Mitra ( DGP Court Judge ) Sujoy Kr Sarkar ( CGM DGP Court) were guests in the event.

**Inauguration of Book**

Dr.Lajpatrai Mehra’s Neurotherapy Method & Practical Approach Book in English, written by Shri.Dipanjan Devji was launched at Kolkata.

## KNOWLEDGE

### I am speaking..... by Heart

#### Introduction



Namaskar , I am your heart speaking. It's a fact that you always use my name, but rarely know about me. From scientists to general public know about my vital function that's why you are celebrating international day " World Heart Day" exclusively for me. I start my work from the embryo stage till your death. I can work continuously without rest for more than 100 years, but because of you are not taking proper care of me I die early. You never understand my importance when you are leading a normal life, but when I get illness, only do you know about my importance and you get more stressed. You will also be economically affected since you have to treat for my illness. As the saying " Prevention is better than Cure " .

Of all kinds of happiness, the one most sought after today is the happiness of good health i.e. freedom from any worries about one's body or diseases. That is why you should know more about myself and how to look after it. According to Science, your body appeared on the Earth more than 5 millions years ago. It is a great wonder. It is intriguing to find out which machine of the present machine-age do not have an equivalent component in your body.. All these delicate but strong bio-machines can work non-stop even for 100 years in unbelievable harmony. Moreover, your body is capable of curing any disease (self curing system). Illness is an expression of yours ignorance of these forces. Any obstruction of this flow of vital energy create pain and disease.

I would like to mention about my structure, diseases, symptoms, causes,and simple remedies.

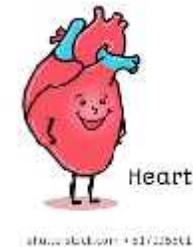
I hope you will understand what I mean and will follow the natural way my motto is. If you care about me, I will care for you always. I pray to God for your long life.

Now a days my name is used widely as the most dangerous disease is heart disease. But this situation is because of you (lack of awareness), never understand , always blame to me.

Multinational companies are coming out with lots of medicine, but in fact these medicine only will hide the symptoms only and not my proper problems.

We (myself, liver, kidney) are working in tandem. If I am affected other two will be affected. Since my activity is continuous , I will never be affected in one day but due to improper food , bad habits, changes the lifestyle, too much unwanted stress will be affected. My presense will be known to you by my pulse rate only, even you are living or not. There are a lots of ways/technique by which I am cured the natural way but it's not properly followed. If you understand my problem ( Root causes) I will be cured 100%.

#### My Structure



I have a short story to tell about myself .I am a cone shaped hollow muscular organ weighs around 225g in women and in men it weights around 310g.

I am located in the thoracic cavity in the mediastinum between the two lungs. I am safely protected by the rib cage. I am composed of three layers of tissue the outer layer is called Pericardium, the middle muscular layer is called Myocardium and the inner layer is called Endocardium. I am divided into 2 parts as left and right by a septum in-between. I have four chambers namely right atrium, left atrium, right ventricle and left ventricle.

I have two types of valves in me namely Atrioventricular valves (tricuspid &bicuspid) and semilunar valves (pulmonary & aortic valves). These valves plays an important role in preventing the backflow of blood that has pumped from me to the arteries.

I receive impure blood from the upper body via superior vena cava, a large vein and from the lower part of the body the impure blood reaches to the heart by the inferior vena cava.

Everyone knows that all the arteries carry pure (oxygenated blood) and the veins carry impure blood (deoxygenated blood) but I have an exception because my pulmonary artery carries impure blood and pulmonary vein carries pure blood.

My walls produce a hormone named Atrial Natriuretic Peptide, which has major role in regulating blood pressure. When the blood volume and blood pressure increases in a person this hormone maintains it in a normal range by regulating sodium and water excretion through kidney.

My left ventricle is stronger than all other chambers because from this chamber blood is pumped to the whole body via Aorta

### **About Circulation**

I have two main circulation. They are Systemic circulation and Pulmonary circulation

Systemic circulation : Carrying oxygenated blood from me to the whole body and returning the deoxygenated or impure blood from the whole body to me.

Pulmonary circulation : This circulation is for the purification of the received impure blood.

The impure from me are taken to the lungs through pulmonary artery where it is purified and then the pure blood from the lungs reaches back to me by the pulmonary veins.

### **Cardiac cycle**

My main function is to maintain the blood circulation without any fault. I will act as a pump and pumping action occurs through a series of events called Cardiac cycle. When I contract, it is called Systole and I get relaxed, it is called Diastole. Normally I beat 60 to 80 times per minute. When I beat, it is when you hear the sound lub-dub. The first sound will be louder, it is

because of the closure of Atrioventricular valves corresponding ventricular Systole and the second sound is much more softer, it is because of the closure of the semi lunar valves corresponding diastole.

My beating rate varies; In newborn it will be 100 to 150/min; in children it varies between

70 and 130/min and in adult it is 60 - 100/min

When my electrical events are recorded in a paper, it is called Electrocardiogram.

### **Blood pressure**

The blood in a blood vessel exerts a pressure in the walls of the arteries or veins are called blood pressure. Blood is calculated as Systolic blood pressure (pressure exerted during contraction) normally it's 120 mm of Hg and the Diastolic blood pressure (pressure exerted during relaxation) and the normal value is 80 mm of Hg.

The blood pressure varies with time, posture of the human being, gender and age of the individuals. For example when you are at rest the blood pressure will be decreased.

Usually the blood pressure will be slightly higher in male than in female.

### **Cardiac Output**

The amount of blood pumped from me every single minute is called cardiac output.

Normally I will pump 5 to 5.5 liters of blood per minute. Again like blood pressure there are some factors according to which I will pump the required amount of blood. They are Autonomous nervous stimulation

Age

Gender

Circulatory chemicals

Body temperature

Activity and exercise

Emotional state

Baroreceptor reflex

## Diseases that affects me



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My function is getting reduced world wide day by day. Number one cause of death globally because of my defects; more people die annually by me than from any other cause. Around 37% die because of my defect only. India stand in 3<sup>rd</sup> position in ranking when compared to other nations world wide. Punjab, Tamilnadu, Haryana have highest Burden of Heart diseases in India.

According to Survey , in India the number one killer of women nearly 50% affected, because of me Women are more affected than men.

The main diseases which affects me are listed below.

- Atherosclerotic diseases (Narrowed, blocked or stiffened blood vessels)
- Heart arrhythmias (abnormal heart beats)
- Dilated Cardiomyopathy (Thickening & stiffening of heart muscles)
- Congenital heart defects (By birth)
- Heart infections
- Vascular heart diseases

These are above to your irregular food, improper lifestyle and bad habits. If you correct yourself, I will do my function properly.

## Causes



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Since as you are living in modern world , my activities are restricted and you are going away from nature. When you are going away from nature, me and my friends (Vital organs) are definitely affected.

The basic causes of my diseases are your wrong dietary habits, faulty style of living and various stresses. These are : (i) elevated blood levels of cholesterol, triglycerides and other fatty substances ( ii) elevated blood pressure (iii) elevated blood uric acid levels (mainly caused by high protein diet), (iv) certain metabolic disorders, notably diabetes, (v) obesity, (vi) smoking, and (vii) lack of physical exercise.

Constant worry and tension stimulates the adrenal glands to produce more adrenaline and cortisols. This also contributes to constricted arteries, high blood pressure and increased work for me.

### Risk factors

Some risk factors may lead to diseases on me. They are age, sex, family history, smoking, poor diet, high blood pressure, high cholesterol, uncontrolled diabetes, obesity, physical inactivity, stress, poor hygiene etc..

### Complications

If you are not taking care of me properly it will lead to some serious problems , which are heart attack, heart failure, stroke, aneurism, peripheral artery diseases, sudden cardiac arrest which can be lead to death etc..

### **Symptoms when I am getting problems**

Most peoples are taking treatment for symptoms only. Blood pressure, murmur etc are my language. Instead of properly caring me, you are taking medicine for symptoms. If you correct my problems the symptoms disappears.

If I am affected, it will appear as symptoms which are chest pain, shortness of breath, pain, numbness, weakness or feeling cold in your legs or arms, pain in the neck, jaw, throat, upper abdomen, tachycardia, bradycardia, dizziness, cyanosis, feeling exaused early during exercise, swelling in hands, ankles or feet, fever, skin rashes etc.

The symptoms told above may be due to some other disease, don't think I am affected.

**DO**



The fundamental conditioning factor in all of my diseases is the diet. Your diet should be lacto-vegetarian, low in sodium and calories. It should consist of high quality, natural organic foods, with emphasis on whole grains, seeds, fresh fruits and vegetables.

Add in your diet ,garlic alfalfa and yogurt, it can reduce the cholesterol level in people whose body normally cannot regulate the cholesterol fractions. Eating seasonal fruits are quite effective tonics for me. Apples, fresh grapes, pineapples, oranges, custard apples, pomegranates and coconut water also tone up me.

Grapes are effective for my pain and palpitation. Grape juice, Indian gooseberry especially will be valuable when one is actually suffering from me (a heart attack.)

Take One teaspoon of raw onion juice which help in normalising the percentage of blood cholesterol by oxidising excess cholesterol.

Honey has marvellous properties to prevent all sorts of my problems. It tones up me and improves the circulation. One tablespoonful daily after food is sufficient to prevent all sorts of my troubles.

You should increase the intake of foods rich in vitamin E, promotes the functioning of me by improving oxygeneration of the cells. It also improves the circulation and muscle strength. Many whole meal products and green vegetables, particularly outer leaves of cabbage are good sources of vitamin E.

The vitamin B group is important for me and circulatory disorders. The best sources of vitamin B are whole grains.

Vitamin C is also essential as it protects against spontaneous breaches in capillary walls which can lead to heart attacks. It also guards against high blood cholesterol. The stress of anger, fear, disappointment and similar emotions can raise blood fat and cholesterol levels immediately, but this reaction to stress can do only little harm if the diet is adequate in vitamin C and pantothenic acid. The richest sources of vitamin C are citrus fruits.

You should also pay attention to other laws of nature for health building such as doing moderate exercise, getting proper rest and sleep, adopting the right mental attitude and getting fresh air and drinking pure water.

## Don't

You should avoid some foods which are all white flour products, sweets, chocolates, canned foods in syrup, soft drinks, squashes, all hard fats of animal origin such as butter, cream and fatty meats. Salt and sugar should be reduced substantially.

You should also avoid tea, coffee, alcohol and tobacco.

## Diet for me

**On rising** : Warm water with lemon juice and honey or fresh fruit juice of apple, grapes, orange, pineapple.

**Breakfast** : Fresh fruit such as apples, grapes, pears, peaches, pineapple, orange, melons, one or two slices whole meal toast, yogurt, skimmed milk or soya milk.

**Mid-morning** : Fresh fruit juice or coconut water.

**Lunch** : Combination salad of vegetables such as lettuce, cabbage, endive, carrots, cucumber, beetroot, tomato, onion and garlic. One or two slices of whole meal bread or chappatis, curd, fresh grapes and other fruits in season.

**Mid-afternoon** : One or two wholemeal biscuits and fruit juice.

**Dinner** : Fresh fruit or vegetable juice or soup, two lightly cooked vegetables, one or two whole wheat tappets.

## Alternative technique for me

### Water Treatment

The use of an ice bag on the spinal area between the second and tenth thoracic vertebrae for 30 minutes three times a week, a hot compress applied to the left side of the neck for 30 minutes every alternate day and

Chromotherapy

massage of the abdomen and upper back muscles are water treatments which are beneficial in cases of heart disease.

Hot foot and hand baths are excellent for relieving the pain of angina pectoris.

### Asanas

Asanas such as shavasana, vajrasana, and gomukhasna, yogic kriyas like jalneti and pranayamas such as shitali, sitkari and bhrumari are also helpful in providing relief of my troubles.

### Apan-vayu mudra

**Method:** Bend your index finger and let its tip touch the ball of your thumb. At the same time, the tips of the middle and ring fingers touch the tip of your thumb. Extend your little fin-ger. Do this with each hand.

**Duration** : three times a day for 15 minutes.

### Benefits:

- This is also called the lifesaver: first aid for heart attacks.
- It is used for the general healing and strengthening of the he



Chromotherapy is a method of treatment of diseases by colour. It is best used as a supportive therapy along with other natural methods of preserving health such as correct diet, adequate rest and relaxation, exercise,



## **Heart Diseases and their treatments :**

**Atherosclerotic diseases :** It is also called as atherosclerosis disease, it is the build up of fats, cholesterol and other substances in and on the artery walls. It is a build up of cholesterol plaque in the walls of arteries, causing obstruction of blood flow. Plaques may rupture, causing acute occlusion of the artery by clot.

### **LMNT Treatments :**

(2) Pan X 6 trts  
(10) Pan (2) Thrd  
(1) Gal (1) Liv (3 Pts) X 2 trts  
(1) Para X 2 trts  
P.Heparin  
Chole trt  
New Genes trt

### **Arrhythmias :**

It is also called as irregular heart beat. Improper beating of the heart, whether irregular, too fast or too slow. Cardiac arrhythmia occurs when electrical impulses in the heart don't work properly.

### **LMNT Treatments :**

(2) Pan X 6 trts  
(10) Pan X 2 trts  
2+2+4 Thrd  
1 pt Liv X 6 trts  
P.Heparin  
Chole trt  
(6) ADR X 2 trts

### **Dilated Cardiomyopathy :**

Dilated cardiomyopathy (DCM) is a condition in which the heart's ability to pump blood is decreased because the heart's main pumping chamber, the left ventricle, is enlarged and weakened. In some cases, it prevents the heart from relaxing and filling it with blood as it should.

### **LMNT Treatments:**

1<sup>st</sup> day -  
(15) Lt Medulla X 2 trts  
P.Heparin  
Black trt

2<sup>nd</sup> day –  
(10) Pan X 4 trts  
(1) pt Liv X 6 trts  
P.Heparin  
Chole trt  
New Genes trt

### **Congenital heart disease :**

A congenital heart defect, also known as a congenital heart anomaly and congenital heart disease, is a defect in the structure of the heart or great vessels that is present at birth.

### **LMNT Treatments :**

Normal + Ajay Normal  
(15) Medulla  
P.Heparin  
Black Trt

### **Vascular heart diseases :**

Peripheral vascular disease (PVD) refers to diseases and disorders of the blood vessels outside of the heart, such as those of the brain, gut, kidneys, or limbs. PVD is typically caused by blockage or damage to blood vessels such as veins and arteries. It is characterized by damage to or a defect in one of the four heart valves : the mitral, aortic, tricuspid or pulmonary.

### **LMNT Treatments :**

(10) Pan X 3 trts  
Black trt  
P.Heparin  
New Genes trt

### **Heart Infection :**

Heart infections occur when an irritant such as bacteria, a virus, a parasite, or a chemical reaches heart muscle. An infection can cause inflammation or damage to heart's inner lining, valves, outer membrane, or the heart muscle itself.

### **LMNT Treatment :**

New Gal trt

## Success Stories

- 3 months old child suffering from Pyloric stenosis came to Shri.Ajay Gandhiji's clinic Chandigarh. After giving Neurotherapy treatment for **8 days** he was taken to PGI hospital for a follow-up, where doctor said that the child's pyloric problem is completely solved, child is 100 % ok and normal.

### **LMNT Treatment Given :**

(60) TF Gal : Liv X 3 trts

(15) LT.Medulla (6) LT.Swt (8) LT.Parkhoo X 3 trts

P.Heparin

- 5 years old kid Laksh Agarwal is very active and playfull child staying in Mumbai. But suddenly 2 mths back he became very lethargic, had muscle pain and kept on crying. I gave him Neurotherapy treatment just for **2 days**, after which he was **100 % fine** with all his normal activities.

### **LMNT Treatment Given :**

Mild Normal - (5) Pan (1) Gal (1) Spl (1) Liv (3 pts) (1) Mu (3 pts)

Ajay Normal – (8) Pan (1) Gal (1) Liv (3 pts) (4) Gas I (3 pts)

Lactic Acid Formula

- Master Ridhul, when he was 2 months old had convulsion and was hospitalized for 15 days. After this both his feet bend inside. Doctors said that they would do plaster to his feet. And if after this plaster it's not improved than they will do surgery for it. Childs Vitamin **D3 was only 7** at that time. His parents took him to Shri.Sumit Mahajan's clinic in Jammu. With **3 months** of Neurotherapy treatments his feet became **completely normal** and his Vitamin **D3 raised to 30**.

### **LMNT Treatment Given :**

Normal + Ajay Normal

P.Heparin

- Premlata Devi, 30 years old was suffering from back pain, knee pain and legs pain. She had numbness starting from her back towards both the legs. Ultrasound report showed **liver enlarged**, both the **kidneys enlarged and had stones**. She started taking Neurotherapy treatment at Rucha Neurotherapy

Upchar Kendra under Ajay Kushwahaji, UP. She stopped all her medicines in 3 days of taking treatment. With **three months** of regular Neurotherapy treatment all her pains were gone. Her three months later ultrasound report showed **normal liver and kidneys**. Also stone were dissolved.

### **LMNT Treatment Given :**

Day 1 :

(4) Medulla clockwise T ½ Raman Necklace

(60) TF 'Pan" NNS 'Pan:Pan' (10) Pan X 2 trts

Chole trt + Back gisai

Day 2 :

(4) Medulla clockwise T ½ Raman Necklace

(60) TF 'LTOV" NNS 'LTOV:LTOV' (1) LTOV X 2 trts

(10) Pan (2) Thrd

(1) Gal (4) Liv

(8) Pan (7) Liv (8) Ch only (3) WD (1) Pit (6) L3,4,5 + Back gisai

Day 3 :

(4) Medulla clockwise T ½ Raman Necklace

(2) Pan (1) Gal (3) Mu zero (1) Acid (4) Ch only + gisai

### **Non LMNTRTI Neurotherapist / Non LMNTRTI Neurotherapy NGO / Non LMNTRTI Neurotherapy center -**

- 18<sup>th</sup> August Surat, Gujarat – In owner of Guruji's 87<sup>th</sup> Birthday free Neurotherapy camp was organized at surat by Shri.Mukesh Banjara. 50 patients were given treatment in the camp.
- 25<sup>th</sup> August Delhi – Sewa Foundation Neurotherapy Kendra, Shri.Nawal Kishor organized Neurotherapy camp during Neurotherapy week. Shri. Ramgopal Dixitji was also present. 150 patients were given treatment by the team members.

## KIND ATTENTION....

All those who want to apply for study center or enroll the students for new batch, dates of admission or any other information related to Neurotherapy Training kindly contact on any of these numbers :

Mandeep Singh ji	9855977608
Ajay Gandhi ji	9815220699
Ram Gopal Parihar ji	9463062141

Please send the news of the special happenings in the field of Neurotherapy in your area, camp details, success stories & knowledge to be shared in the next edition of **"NEUROTHERAPY JOURNAL"** to email : [lmntrti.news@gmail.com](mailto:lmntrti.news@gmail.com)

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